

Lea E. Arellano

Human Solutions Consulting and Training

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### **Nonprofit Professional/Consultant/Trainer**

#### Summary of Qualifications

- Over 25 years experience as a Nonprofit Worker.
- Cultural and Organizational Trainer/Consultant in the nonprofit sector since 1991.
- Specializing in:
  - Multicultural and diversity group trainings for sustainable changes for nonprofits.
  - Organizational coach and mediator on issues of race, gender and cross cultural conflict.
  - Culturally competent technical assistance support services for nonprofit sustainability.
- Published writer, musician, and spoken word performer.
- Bicultural and bilingual (Spanish).

#### Selected Achievements

- In the last eight years I have attended over twenty, two-day training of trainers workshops on cross cultural relationship building, ending oppression and building equitable and diverse communities.
- In the last 12 years I have designed and delivered a number of workshops for nonprofits including:
  - “Origin of Behavior-A Lens of Compassion”
  - Strategic Planning
  - Board Development
  - “Dismantling Racism”
  - Board Training
  - “What is Internalized Oppression?”
  - Fund Raising Basics, Getting Started
  - “Ending Sexism”
  - Staff Team Building

“Ending Men’s Oppression”  
Tools for Healing the Nonprofit  
Organization “Disability Liberation”  
“Cross Cultural Healing for People of Color”  
“Self –Care, Burn-out Prevention”  
“Rational Harm Reduction”

*I have worked with the following constituencies:*

Disabled people  
LGBT Community  
Elders  
Foster Youth  
African Heritage people  
Latinos  
Chicana/os  
Men  
Women  
Asians  
White people (on unlearning racism)

*Consulting and training clients have included:*

Community Health Academy, Oakland, CA  
St. Anthony’s of San Francisco, CA  
Department of Rehabilitation, Oakland, CA  
San Francisco Unified School District  
Asian Health Services, Oakland, CA  
Oakland Unified School District  
National Latina Health Organization, Oakland, CA  
San Francisco State University, SF, CA  
Aguilas of San Francisco, CA  
Women of Color Caucus, Tucson, AZ  
Harm Reduction Coalition, Oakland, CA  
Regional Center of The East Bay, Oakland, CA  
Tool Works, San Francisco, CA  
Lavender Seniors, San Leandro, CA  
Just Economics, Berkeley, CA

Multi-Pure Corp., Las Vegas, Nevada  
National Community Institute, Oakland, CA  
The Latina Center, Inc, Richmond, CA  
Men Overcoming Violence, San Francisco, CA  
Ark of Refuge, San Francisco, CA  
Clinica Esperanza, San Francisco, CA  
Compass Point, San Francisco, CA  
Tahoe/Truckee Nonprofit Collaborative  
Latino Issues Forum

*Partial list of Education, Training and Board Experience:*

Prevention for People Living with HIV, UCSF Aids project, SF, CA 2003  
HIV/AIDS Prevention for Positives/People of Color, Compass Point, SF, CA 2003  
Changing Racism Training of Trainers, Visions, Oakland, CA 2002  
The Fund Raising School, Center on Philanthropy, Oakland, CA 2002  
Harm Reduction Training of Trainers, Oakland, CA 2002  
New Nonprofit Nexus Vice Chair Board of Directors, Oakland, CA 2001-2003  
National Community Development Institute Consultant Learning Community,  
Oakland, CA 2001  
Professional Development for Consultants, Oakland, CA 2000-2003  
Nonprofit Workshop Series, Compass Point, San Francisco, CA 2000-2003  
Best Practices for Nonprofits Conference, Compass Point, San Francisco, CA 2000-2003  
Fund Raising Conferences, Management Center, San Francisco, CA 2000-2003  
Leadership Training, Reevaluation Counseling, USA 1995-2003  
B.A. In Humanities, New College Of California, San Francisco, CA 1995  
Trainer of Trainers, Equity Institute, Oakland, CA 1992-94  
Indigena As Scribe Writers Group for Indigenous Women, San Francisco, CA 1991-1994  
Board Member Women's Alcoholism Center, SF, CA 1993  
Pima Community College School of Social Work, Tucson, AZ 1972-1974