

Lea E. Arellano

Human Solutions Consulting and Training

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Nonprofit Professional/Consultant/Trainer

Summary of Qualifications

- Over 25 years experience as a Nonprofit Worker.
- Cultural and Organizational Trainer/Consultant in the nonprofit sector since 1991.
- Specializing in:
 - Multicultural and diversity group trainings for sustainable changes for nonprofits.
 - Organizational coach and mediator on issues of race, gender and cross cultural conflict.
 - Culturally competent technical assistance support services for nonprofit sustainability.
- Published writer, musician, and spoken word performer.
- Bicultural and bilingual (Spanish).

Selected Achievements

- In the last eight years I have attended over twenty, two-day training of trainers workshops on cross cultural relationship building, ending oppression and building equitable and diverse communities.
- In the last 12 years I have designed and delivered a number of workshops for nonprofits including:

Strategic Planning	“Origin of Behavior-A Lens of Compassion”
Board Development	“Dismantling Racism”
Board Training	“What is Internalized Oppression?”
Fund Raising Basics, Getting Started	“Ending Sexism”
Staff Team Building	“Ending Men’s Oppression”
Tools for Healing the Nonprofit Organization	“Disability Liberation”
“Cross Cultural Healing for People of Color”	“Self –Care, Burn-out Prevention”
	“Rational Harm Reduction”

I have worked with the following constituencies:

Disabled people	Women
LGBT Community	Asians
Elders	White people (on unlearning racism)
Foster Youth	
African Heritage people	
Latinos	
Chicana/os	
Men	

Consulting and training clients have included:

Community Health Academy, Oakland, CA	Tool Works, San Francisco, CA
St. Anthony's of San Francisco, CA	Lavender Seniors, San Leandro, CA
Department of Rehabilitation, Oakland, CA	Just Economics, Berkeley, CA
San Francisco Unified School District	Multi-Pure Corp., Las Vegas, Nevada
Asian Health Services, Oakland, CA	National Community Institute, Oakland, CA
Oakland Unified School District	The Latina Center, Inc, Richmond, CA
National Latina Health Organization, Oakland, CA	Men Overcoming Violence, San Francisco, CA
San Francisco State University, SF, CA	Ark of Refuge, San Francisco, CA
Aguilas of San Francisco, CA	Clinica Esperanza, San Francisco, CA
Women of Color Caucus, Tucson, AZ	Compass Point, San Francisco, CA
Harm Reduction Coalition, Oakland, CA	Tahoe/Truckee Nonprofit Collaborative
Regional Center of The East Bay, Oakland, CA	Latino Issues Forum

Partial list of Education, Training and Board Experience:

Prevention for People Living with HIV, UCSF Aids project, SF, CA 2003
HIV/AIDS Prevention for Positives/People of Color, Compass Point, SF, CA 2003
Changing Racism Training of Trainers, Visions, Oakland, CA 2002
The Fund Raising School, Center on Philanthropy, Oakland, CA 2002

Harm Reduction Training of Trainers, Oakland, CA 2002
New Nonprofit Nexus Vice Chair Board of Directors, Oakland, CA 2001-2003
National Community Development Institute Consultant Learning Community, Oakland, CA
2001
Professional Development for Consultants, Oakland, CA 2000-2003
Nonprofit Workshop Series, Compass Point, San Francisco, CA 2000-2003
Best Practices for Nonprofits Conference, Compass Point, San Francisco, CA 2000-2003
Fund Raising Conferences, Management Center, San Francisco, CA 2000-2003
Leadership Training, Reevaluation Counseling, USA 1995-2003
B.A. In Humanities, New College Of California, San Francisco, CA 1995
Trainer of Trainers, Equity Institute, Oakland, CA 1992-94
Indigena As Scribe Writers Group for Indigenous Women, San Francisco, CA 1991-1994
Board Member Women's Alcoholism Center, SF, CA 1993
Pima Community College School of Social Work, Tucson, AZ 1972-1974